



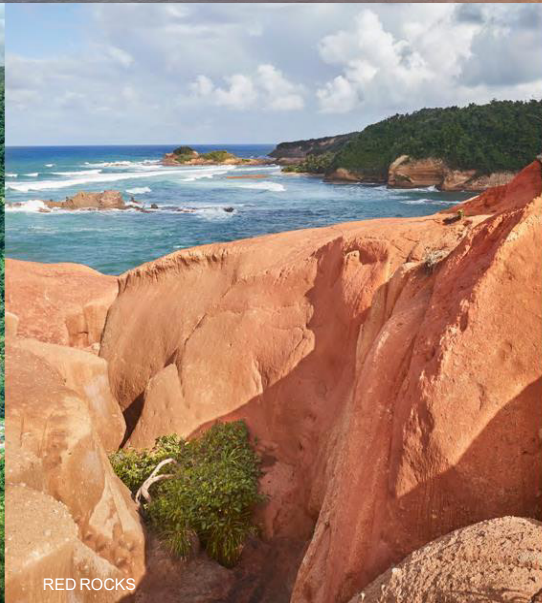
-DISCOVER DOMINICA-

THE CARIBBEAN'S BEST KEPT SECRET

ADVENTURES & ACTIVITIES



SOUFRIERE, IN THE SOUTH OF THE ISLAND



RED ROCKS



AMAZONA ARAUSIACA

The Nature Isle of the Caribbean

Dominica, officially the Commonwealth of Dominica, is an island country in the West Indies. It is part of the Windward Islands in the Lesser Antilles archipelagoes the Caribbean Sea. The island is located between the two French overseas regions, Guadeloupe and Martinique. Dominica has been nicknamed the 'Nature Isle of the Caribbean' for its natural environment.

A variety of plants, animals and bird species call Dominica home, including iguanas, sea turtles, the endangered crapaud frog, 320 species of reef fish, the endemic Imperial parrot and sperm whales. In addition, more than 1,000 species of flowering plants can be found on the island, including 74 species of orchid and 200 ferns. Sixty percent of the island is covered in forest. The island is also home to the world's second-largest hot spring, cascading waterfalls, breathtaking beaches ranging from sugar-white to black volcanic sand and 365 rivers, one for each day of the year.



Whale Watching:

Some of nature's largest mammals make Dominica home. Dominica's sheer underwater drop-offs create deep sheltered bays—the perfect haven for the Sperm Whale to breed and calve. Dominica is the only country in the world where the sperm whale resides all year long, although sightings are most common between November and March. Boaters and fishermen report seeing the sperm whale at Scotts Head, Roseau, Layou, and Point Round. Whale watching operators follow strict codes of conduct, minimizing any disturbance, and never “luring” the whales. On the rare occasion when the whales may be elusive, you’re sure to see the acrobatics of

Chocolate Factory Experience

Experience a unique and memorable vacation in one of the most exceptional sites in Dominica. Located near Calibishie Village, Pointe Baptiste Estate is a private domain of 25 acres. There is a historical guesthouse from 1930, a chocolate factory with a cottage above. The 1930's Villa is a beautiful home, lovingly built in the colonial style and rich in history with its antique furnishings, paintings, and library. From its vast veranda, you can admire the sea, the Red Rocks, and the islands of Marie Galante, the Saintes, and Guadeloupe.



Diving & Snorkeling Tours:

A new frontier of fun. Dive into Dominica's offshore wonder world. Plunging cliff walls, vibrant colorful reefs, eerie caves and pass-throughs, boulder strewn sea beds, enchanting thermal vents sending crystal bubbles upward, and marine life of unparalleled beauty and diversity have made Dominica's coastal waterstone of the world's premier diving and snorkeling destinations. No matter what your skill levels, its pristine waters will bathe you in wonder at every turn. And with dozens of dives and snorkeling sites to choose from, you'll find an underwater voyage that's certain to captivate your senses and breathe new life to your soul.

Scuba Diving: Half Day, \$100 pp (+\$23 gear)
Snorkeling: 2 Hours, up to 4 persons: \$280

Kayaking:

Tranquil rivers and bays are perfect for kayaking. Dominica's pristine fresh waterways and the tranquil Caribbean Sea make kayaking an ideal way to explore Dominica. The placid Soufriere Bay is a great route for beginners. The rich diversity of marine life and the serenity of the coves at the Soufriere/Scott's Head Marine Reserve will amaze and delight you. Experience the thrill of kayaking at high altitude on Freshwater Lake in the Morne Trois Pitons World Heritage Site. Dominica's longest river, the Layou, will take you past cooing birds, through light rapids, matted buttress roots, and diverse habitat.

For Information & Pricing, See Concierge



Hiking to Rainforests, Waterfalls & National Parks:

Whether you're an amateur hiker or advanced, Dominica has many trails for both. The easier trails allow the casual hiker to get out and enjoy the Nature Island and its many outdoor wonders. For the most part, the trails are relatively wide and smooth with easy grades. Bridges are typically available when crossing water, streams or gullies. For the serious hiker, Dominica is home to some of the most challenging and rewarding trails in the Caribbean and require hikers to be in very good physical condition. Sections of the trails can include grades that are often long and steep, and can exceed 35 percent.

1 Hour 30 Min – 2 Hours: \$25 (Approx. 7km)

Kalinago Community Visits:

Experience life as it was centuries ago. In the northeast corner of the island is the last remaining community of Carib Indians, the Kalinago's, Dominica's indigenous people. Approximately 3,000 Kalinago's live in a collectively-owned 3,700-acre territory, spread over eight hamlets. Here, you can experience their traditional culture firsthand dance and song, artistry, and daily living can help you discover your ancient self and how your most distant forebearers experienced the world. Here you can learn their ageless crafts of basket weaving, canoe building, pottery making, and wood carving, to name but a few.

For Information & Pricing, See Concierge



Horseback Riding:

To experience the Nature Island on horseback is truly a step back in time. Ride through pristine rainforest. Swim with your horse in the unspoiled Prince Rupert Bay. Encounter an endless array of wild and cultivated tropical flowers, ornamental plants and exotic fruit trees. Discover cultural and historical sites from the best vantage point imaginable. Dominica's mountain trails weave through one of the world's last remaining oceanic rain forests where nature truly comes alive. Saddle up!

1 Hour 30 Min – 2 Hours: \$87 - \$99
2 Hour – 2 Hours 30 Min: \$117 - \$154

Birding:

Dozens of beautiful birds call Dominica home. One of the first things you'll see in Dominica is a colorful Sisserou parrot right on the Dominica flag. This is the only place in the world where Sisserou and Jaco parrots are found. The Sisserou parrot is found specifically on the slopes of Morne Diablotin National Park which was established primarily to protect its prime habitat, and in the Morne Trois Pitons National Park. The Jaco Parrot, also known as the Red-Necked Amazon gets its common name from the red feathers found on its lower throat. Birding can be enjoyed throughout the year, however, the peak in breeding for most species is between March and August.

For Information & Pricing, See Concierge



SCOTTS HEAD



FORT SHIRLEY

INTERNAL RECREATIONAL ACTIVITIES

ACTIVITY	DURATION	LEVEL	PRICE	REMARKS
Tennis	1H	Moderate	\$64 ^{USD}	Opening hours 8:00am - 8:00pm Tennis equipment free of charge Floodlight for night Reservation Required
Yoga	1H:15M	Moderate	\$92 ^{USD}	Private Yoga session Reservation Required
Gym Instructor	1H	—	\$42 ^{USD}	Reservation Required

EXTERNAL RECREATIONAL ACTIVITIES

Emerald Pool	Full Day	Moderate	\$320 ^{USD}	Emerald Pool, Spanny Falls, Jacko Falls, River Tubing Up to 3 persons The 4th additional person \$60 Reservation Required
Indian River Milton Falls	Half Day	Easy	\$250 ^{USD}	Indian River, Milton falls Per couple. Reservation requiredx
Red Rocks	Half Day	—	\$320 ^{USD}	Red Rocks, Chocolate Factory, Chaudière Pool, Batibou Beach Up to 3 persons The 4th additional person \$60
Titou Gorge	Full Day	—	\$320 ^{USD}	Titou Gorge, Trafalgar Falls, HotSprings, Champagne Reef Up to 3 persons The 4th additional person \$60 Reservation Required
Boiling Lake Hike	Full Day	—	\$345 ^{USD}	Per person. Every additional person \$75 2 persons \$430 Reservation required

Some of the sites require a pass, prices vary between \$3 to \$25. All our prices are in USD with all tax included. Terms and conditions apply.

EXTERNAL RECREATIONAL ACTIVITIES

ACTIVITY	DURATION	LEVEL	PRICE	REMARKS
Champagne Reef	Full Day	—	\$320 ^{USD}	Champagne Reef, Middleham Falls, Scotts Head Up to 3 persons The 4th additional person \$60 Reservation Required
Fishing Snorkeling	2H	—	\$280 ^{USD}	Up to 4 persons. Every Additional: Adult:\$40 - Child(3-14):\$30 Reservation Required
Whale Watching	4H 5H	—	\$560 ^{USD} \$700 ^{USD}	Up to 4 persons. Every Additional Adult:\$75 - Child(3-14):\$45 Whale Watching & Dolphin Watching Reservation Required Option for 4- or 5-Hours Cruise possible
Scuba Diving	Half Day	Moderate	\$100 ^{USD}	Paddi 5 Stars. Each trip 2 dives Gear Rentals \$23 Possibility to be picked at hotel jetty. Snorkeling is also possible Reservation Required
Horseback Riding	1H:30M 2H	Moderate	\$87 ^{USD} \$99 ^{USD}	Forest Ride: Waitukubuli National Trail, part of section 14 Beach & Forest: Waitukubuli National Trail, part of section 14, Swimming with the horses in the sea. Reservation required 48H in advance
Horseback Riding	2H 2H:30M	Moderate to Advanced	\$117 ^{USD} \$154 ^{USD}	Cabrits National Park: Waitukubuli National Trail, part of section 14, Cabrits till Fort Shirley. Beach & Cabrits National Park: Waitukubuli National Trail, part of section 14, Cabrits till Fort Shirley, swimming with the horses. Trail can be adjusted depending on the rider's level. Reservation required 48H in advance
Cabrits Hike	1H:30M 2H	Moderate	\$25 ^{USD}	7 km approximately 132 Elevation gain Per person Reservation Required
Indian River		—	\$185 ^{USD}	Per couple and with site pass

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